

## Health & Social Care

The following are some of the Health and Social care projects we have completed with links to commissioning clients:

### **Young Carers in Lewisham 2007**

Showing experiences of Young Carers and how they've benefited from the support of Carers Lewisham [www.carerslewisham.org.uk](http://www.carerslewisham.org.uk)

### **Counting on Carers 2006**

See [www.littlefishfilms.org.uk/health](http://www.littlefishfilms.org.uk/health)

### **Connect Cornwall 2006**

Working with Connect Cornwall to create short video clips to demonstrate how support in the community from speech and language therapists can help people overcome communication difficulties after Stroke. Touching portraits of 2 brave women. [www.ukconnect.org.uk](http://www.ukconnect.org.uk)

### **Connect Training Video Resources 2006**

Connect UK provide invaluable training nationwide, helping people overcome disabilities. Little Fish Films collated all video training resources and produced a DVD's. [www.ukconnect.org.uk](http://www.ukconnect.org.uk)

### **Learning from People who've had Stokes (2005)**

Guys Charitable Trust commissioned this training video for professionals and empowerment tool for stroke patients and carers [www.qsstcharity.org.uk](http://www.qsstcharity.org.uk)

### **SAP Training Video (2005)**

For Lambeth PCT a comprehensive DVD on Single Assessment Procedures.

### **Raising the Bar (2004)**

A short DVD for training and as an empowerment tool for people suffering from chronic long-term conditions, such as arthritis and diabetes. For Lambeth PCT

### **Healthy Walks (2004)**

A short promotional video illustrating the Lewisham Healthy Walks Programme.

### **Ethnic Elders Programme (2004)**

A video illustrating the Bromley Racial Equality Council's Ethnic Elders Programme to be used as a training tool and model of good practice for Health and Social Care Practitioners and as an empowerment tool for ethnic elders.

### **The Healthy Aging Programme (2004)**

A video to illustrate the work being done by Age Concern, Waltham Forest, who have devised a health programme for older people based on various key principles. They have used the Okinawa Studies of elders in Japan to develop this programme.

### **'A Brighter Future for Older People' (2003)**

A video promoting key messages from the London Older People's Service Development Programme.

**'Patients as Teachers' (2003)**

Training video with Lewisham Health & Social Care Dept showing views of patients on assessment processes.

**Exercise For A Better Life (2001)**

A video and leaflet promoting exercise classes for elderly people, made with Downham Elderly Health Project, in collaboration with older people.

For further information about our work in this area, please contact [anna@littlefishfilms.org.uk](mailto:anna@littlefishfilms.org.uk) Due to the sensitive nature of some of these projects we cannot make the videos available for public viewing, but we're happy to provide sample videos to organisations working within this field who wish to discuss similar work with us.



[www.littlefishfilms.org.uk](http://www.littlefishfilms.org.uk)

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